



Tidal Health

2 Palmer's Road Emsworth PO10 7DL

Low Level Laser Therapy (LLLT) Informed Consent Form

Scientific evidence continues to demonstrate that pulsed light does have biological and clinical effects that are different from those of continuous wave (CW) light. Several studies have revealed that the LLLT in the pulsed wave mode of operation can better penetrate through the melanin and other skin barriers, bolstering the hypothesis that pulsing is beneficial in reaching deep target tissue and organs. Laser is clinically proven to be effective for many common musculoskeletal conditions.

How many treatment sessions will I need?

The number of treatment you will need depends on the nature and duration of your condition, and other factors. Some acute conditions will respond in 6 or fewer sessions, whereas chronic conditions may take 15 or more treatments.

Treatment Costs?

Treatment cost is £TBC per LLLT session, or an additional £10 if included in a Initial or Ongoing Chiropractic Treatment.

What does it feel like to get a treatment?

Most patients describe it as a very soothing, warm sensation. Since, the laser is a high-powered therapy laser, your skin will get warm during the treatment. Many patients feel a significant reduction in pain on the first visit. Occasionally, patients will feel slightly more pain immediately after the treatment- and then feel much better the next day.

How will I feel after the treatment?

You may feel pain relief after just the first treatment. For other patients, it takes a while longer. Most patients report feeling very relaxed, or even tired. If you feel a lot less pain, keep in mind that pain reduction is just one goal.

Do I need to take special precautions after my treatment?

One effect of the laser treatment is vasodilation - which means your blood and lymphatic vessels have a larger diameter. This helps with inflammation reduction, but for some people the vasodilation can also make them sore. Use ice on the area, as directed by your doctor. You could use a pain relief gel, such as Biofreeze.

Are there contraindications and/or precautions to LLLT?

- Temporary increase in pain during application of laser
- Temporary increase in pain the following day after laser therapy
- Mild bruising from vasodilation or direct pressure of laser tip
- Temporary dizziness
- Reaction when photosensitizing drugs are used with laser therapy

Why do I have to sign a consent form?

Pain can increase temporarily. Bruising and/or swelling are also possible. We want you to be informed of all aspects of this treatment. By signing below, you acknowledge that you understand

and accept the risks, benefits, and cost of treatment; and consent to having this therapy administered.

- I am not pregnant.
- I do not suffer with epilepsy.
- Do you suffer with photosensitivity disorders (xeroderma pigmentosum) or systemic lupus erythematosus.
- I have made known all and any tattoos.
- I do not suffer from any active deep vein thrombosis or thrombophlebitis.
- I do not suffer from any infections who have a compromised immune function.
- I do not have any tissues infected with tuberculosis or other forms of virulent bacteria.
- I do not have any regions of known or suspected malignancy
- I do not have any actively bleeding tissue or untreated haemorrhagic disorders.
- I do not have any regions with recently radiated tissues (for 6 months following irradiation).
- I have made know all my medical conditions.
- I understand that my symptoms may be temporarily aggravated following treatment.
- I consent to laser treatment.

Print Name _____

Signature

Date